

**Head of Office designation** : **District Programme officer**  
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**District Level officer's Complex Block 2**  
**Theni**  
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**Department Profile**

- ⌚ ICDS has well planned administrative and organizational setup.
- ⌚ The Administrative Unit for the location of an ICDS Project is a Community Development Block in the rural areas, a Tribal Development Block in the Tribal areas and a group of slums in urban areas.
- ⌚ In the selection of the location of a Project, consideration is given to the areas inhabited predominantly by Scheduled Castes or Tribes especially Backward Tribes or nutritionally dependence areas or areas poor in reach of social services.

## **2. Objectives**

- ⌚ Lay foundation for the proper psychological, physical and social development of Child.
- ⌚ Improve nutritional & health status of Children below six years.
- ⌚ Reduce incidence of mortality, morbidity, malnutrition and school dropouts.
- ⌚ Achieve effective coordination of policy and implementation amongst various departments.
- ⌚ Enhance the capabilities of the mother to look after the normal health and nutritional needs of child through proper nutrition & health education.

### 3. ICDS Coverage and Reach.

Population Coverage in an ICDS Project			
Area	Population Covered / Project	Population Covered / AWC	No. of AWC/Project
Rural	1,00,000	1000	100
Urban	1,00,000	1000	100
Tribal	35,000	700	50

In hilly and desert areas an Anganwadi may be set up in every small village or hamlet having a population of 300 or more. Very small villages/hamlets (With a population less than 300) can be covered by the adjoining Anganwadis or mini AWC can be set up.

### 4. ICDS Beneficiaries and Services

#### Beneficiary

Children less than 3 years	Children between 2-6 years	Expectant and Nursing Mothers	Other women 15-45 years	Adolescent Girls between 11-15 years
i) Supplementary Nutrition ii) Growth Monitoring iii) Immunization iv) Health Check-up v) Referral Services	I) Non-formal pre school Education II) Supplementary Nutrition III) Growth Monitoring IV) Immunization V) Health Check-up VI) Referral Services	I) Health Check-up II) Tetanus Toxoid Immunization to pregnant women III) supplementary Nutrition IV) Nutrition Health Education	I) Nutrition Health Education II) IFA Supplementation and de-worming intervention III) Non-formal Education IV) Home-based skill training and vocational training V) Supplement-ary nutrition	

## **ICDS Beneficiaries**

- ⌚ Children below 5 years
- ⌚ Expectant and Nursing Mothers
- ⌚ Adolescent girls
- ⌚ Women in the age group 15-45 years

### **• Services under ICDS**

- ⌚ ICDS provides a package of integrated services in a comprehensive and cost effective manner to meet the multi-dimensional and interrelated needs of children.
- ⌚ ICDS beneficiaries receive health, nutrition and early childhood care and education related services. In addition, there is coverage of other important supportive services like safe drinking water, environmental sanitation, women's development and education programmes.
- ⌚ All services in ICDS are expected to converge at the same time on the same set of beneficiaries i.e. Group of children and their family to create and appreciable impact.

Integrated Package of Services under ICDS	
<p>Nutrition</p> <ul style="list-style-type: none"><li>I) Supplementary Nutrition</li><li>II) Growth Monitoring</li><li>III) Nutrition and Health Education</li></ul> <p>Health</p> <ul style="list-style-type: none"><li>I) Health Check-up</li><li>II) Immunization</li><li>III) Identification and Treatment of Common Childhood Illness and Minor Ailments</li><li>IV) Referral Services</li></ul>	<p>Supportive Services and Convergence</p> <ul style="list-style-type: none"><li>i) Supportive Services, such as Safe Drinking water, Environmental Sanitation, women's Empowerment Programmes and Adult Literacy</li></ul> <p>Early Childhood care and Preschool Education</p> <ul style="list-style-type: none"><li>i) Early Care and Stimulation of Children Under Three years</li><li>ii) Preschool Education to Children in the 2-6 years Age Group</li></ul>

## **5. The Anganwadi Centre**

- An Anganwadi Centre – a courtyard play centre – located within the village or a slum is the focal point for delivery of all the services under ICDS programme in an integrated manner to children and women.
- An Anganwadi is a centre for convergence of services for children and women.
- An Anganwadi is a meeting ground, where women / mother's groups can come together with other frontline workers to share views and promote action for development of children and women.
- An Anganwadi is run by an Anganwadi Worker who is supported by a Helper in service delivery.

## **6. ICDS Team, their Role & Job Responsibilities**

- A CDPO is an overall in-charge of an ICDS Project and is responsible for planning and implementation of the Project.
- A CDPO is supported by a team of 4-5 Supervisors who guide and supervise AWWs.
- In large ICDS Projects, where there are more than 150 AWCs in a Project, an Assistant Child Development Project Officer is also a part of the team.
- A Supervisor has the responsibility of supervising 20, 25 and 17 Anganwadi Workers in rural, urban and tribal projects respectively.
- A Supervisor guides an AWW in planning and organizing delivery of ICDS services at AWC and also gives on the spot guidance and training as and when required.
- An Anganwadi worker is a community based frontline voluntary worker, selected from within the local community. The selection is made by a committee at the Project level
- An AWW is mainly responsible for effective delivery of ICDS Services to children and women in the community.
- An AWW is an honorary worker who gets a monthly honorarium.  
At each AWC, a Helper is appointed to assist an AWW
- Helper is an honorary worker and is paid monthly honorarium.
- Health Services in ICDS are given by a team of Health Functionaries comprising Medical Officer, Lady Health Officer, ANM and Female Health Worker from Primary Health Centre and Sib-Centre in the Project. At the community level ASHA will be the first post of call for any health related demands of deprived sections of the population. Especially women and children.

## **7.Role & Job Responsibilities of an AWW**

### **A. Planning for Implementation of ICDS Programme**

1. Village Mapping
2. Rapport Building with Community
3. Conduction Community Survey and Enlisting Beneficiaries
  - Children 0-6 years
  - Children 'At Risk'
  - Expectant and Nursing Mothers
  - Adolescent Girls
4. Birth and Death Registration

### **B. Service Delivery**

1. Preparation and Distribution of Supplementary Nutrition
  - Children 6 months to 6 years
  - Expectant and Nursing Mothers
  - Children and Mothers 'At Risk'
2. Growth Monitoring  
Promote Breast feeding and counsel mothers on IYCF
3. Assisting Health Staff in Immunization and Health Check-up of Children and Mothers.
4. Referral Services
5. Detection of Disability among children
6. Providing Treatment for Minor Ailments and first aid.
7. Management of Née natal and Childhood Illnesses.
8. Health and Nutrition Education to Adolescent Girls, Women and Community.
9. Organizing Non-formal Preschool Education Activities.
10. Depot holder of medicine kit contraceptives of ASHA and under ICDS.
11. Counseling Woman on Birth Preparedness
12. Assist CDPOs/Supervisors in implementation of KSY and NPAG

### **C. Information, Education and Communication**

1. Communicating with counseling Parents, Families and Communities etc.,
2. Organizing Awareness Campaigns, Street Plays etc.,
3. Prepare Communication and Education Material

### **D. Community Contact**

1. Mobilize Community & Elicit Community Participation
2. Maintain Liaison with Panchayat, Primary Schools, Mahila Mandals and Health Functionaries etc.,

### **E. Management and Organisation**

1. Management of Anganwadi Centre
2. Maintenance of Records, Registers and Visitor's Books
3. Preparation of monthly Progress Reports.

## **8. Role & Job Responsibilities' of an AWH**

- In an Anganwadi, a Helper assists an AWW for the following activities:

### **General Duties**

1. Assisting Anganwadi Worker in conducting all the activities of the Anganwadi Centre, such as:
  - a. Counseling mothers and other caregivers of beneficiary children.
  - b. Pre-School education activities
  - c. Health check-up weighing of children, immunization of children / mothers.
  - d. Mothers / community meeting.
  - e. Maintenance of discipline among children.

## **Specific Duties**

- i. Cleaning premises of Anganwadi Centre and surrounding area.
- ii. Fetching drinking water for daily use
- iii. Cooking and serving supplementary nutrition for beneficiaries
- iv. Inspection of cleanliness of children and assisting them in grooming themselves
- v. Preparation of preschool teaching aids under the guidance of an Anganwadi Worker.
- vi. Collection and storage of items received for supplementary nutrition.
- vii. Collecting and dropping small children.
- viii. Contacting beneficiaries, parents and others in the community to attend meetings or for conveying messages.
- ix. Opening and closing of an Anganwadi Centre under supervision of an Anganwadi Worker.
- x. Performing all the duties of an Anganwadi Worker when she is sick, absent or away from duty or on leave.

## **9. Theni District Profile**

Total Projects	9
No of CDPO	9
No of Anganwadi Centres functioning	1,065
No. of Anganwadi Workers in position	760
No. of Anganwadi Helpers in position	814
Total Population	12,36,308
Male Population	6,22,630
Female Population	6,13,678
Total Antenatal Mothers	8456
Lactating Mothers	7443
Total No. of 0-6 year children	1,16,534
Total Adolescent Girls	59,800
No. of Antenatal mothers receiving supplementary nutrition	8356
No. of Lactating mothers receiving supplementary nutrition	7377
No. of 6 months to 3 years children receiving supplementary nutrition	40,881
No. of 1 - 2 years children receiving Egg	
No. of 2 years - 5 years children receiving Noon-Meal / Egg	22,168
No. of old age pensioners receiving Noon-Meal	0



**Comparison over last 3 years**

<b>PARTICULARS</b>	<b>March'2014</b>	<b>March'2015</b>	<b>March'2016</b>
Total Projects	9	9	9
No of CDPO	9	4	9
No of Anganwadi Centres functioning	1080	1065	1065
No. of Anganwadi Workers in position	894	835	760
No. of Anganwadi Helpers in position	935	851	814
Total Population	1269111	1226905	1236308
Male Population	644722	619398	622630
Female Population	624389	607507	613678
Total Antenatal Mothers	8594	8042	8456
Lactating Mothers	7852	7106	7443
Total No. of 0-6 year children	97029	99177	116534
Total Adolescent Girls	56947	59046	59800
No. of Antenatal mothers receiving supplementary nutrition	8141	7813	8356
No. of Lactating mothers receiving supplementary nutrition	7442	6858	7377
No. of 6 months to 3 years children receiving supplementary nutrition	40324	39851	40881
No. of 2 years - 5 years children receiving Noon-Meal / Egg	23214	21925	22168
No. of old age pensioners receiving Noon-Meal	0	0	0

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